



Tamara Rubin lives in Portland, Oregon and is a child health advocate, author, documentary filmmaker and mother of four sons. Her young men are now 23, 17, 14 and 11. She has won multiple national awards for her Lead-poisoning prevention advocacy work. With the help and support of her readers, she does independent testing of consumer goods for

toxicants (Lead, Mercury, Arsenic, Cadmium & Antimony) using X-Ray Fluorescence technology. Her advocacy has been covered in print in the New York Times, the New York Post, Mother Jones, Vice, TruthOut, the Huffington Post and USA Today (too many places to list!) – and on the Today Show, Al Jazeera, CBS This Morning, plus through stories with all the major news networks (CBS, ABC, NBC and even Fox). In 2017 she was the parent advocate who discovered Lead in popular fidget spinner toys. She goes by #LeadSafeMama on Twitter, Facebook & Instagram and has over 1,800 pages of information and consumer goods test results on her blog at LeadSafeMama.com.